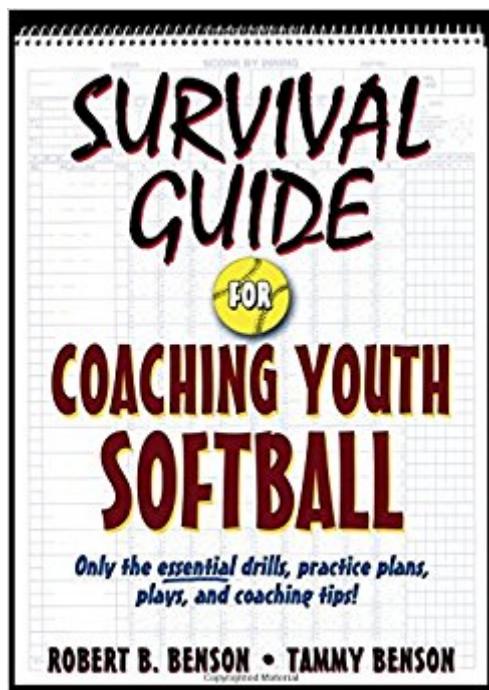


The book was found

Survival Guide For Coaching Youth Softball (Survival Guide For Coaching Youth Sports)



Synopsis

You volunteered to coach the softball team, but are you ready? How will you teach the fundamental skills, run effective practices, and harness the energy of your young team? Fear not: Survival Guide for Coaching Youth Softball has the answers. Longtime coaches Robert and Tammy Benson share their experiences and provide advice you can rely on from the first practice to the final game. Establishing realistic goals, in-game coaching tips, drills, strategies, and fun—it's all here. Develop your team's fundamental skills—fielding, catching, throwing, and hitting—with the Survival Guide's collection of the game's best youth drills. Included is a section on pitching instruction, and the ready-to-use practice plans will help you get the most out of every practice. Survival Guide for Coaching Youth Softball has everything you need for a rewarding and productive season. So step up and enjoy the experience. It will be one that you won't forget.

Book Information

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Customer Reviews

"Robert and Tammy Benson have hit a home run of their own with Survival Guide for Coaching Youth Softball! In a clear and concise format, they provide a complete guide for every current and future softball coach. Do your team a favor and read this one a couple of times!" Cheri Kempf Author of The Softball Pitching Edge

Robert and Tammy Benson have been involved in youth sports for a number of years. They have coached together in the YMCA Coach Pitch Baseball fall league for kids ages 5 to 7. In addition,

they continue to work together in coaching their oldest daughter's competitive team, the Washington Angels 96. Robert Benson began his involvement in youth sports as an umpire for American Legion, Babe Ruth, and college baseball. He then worked as an assistant coach for a 10U girls' recreational softball team. When his daughter was recruited by a 10U competitive team, Benson was asked to be the pitching coach and assistant. The following year he took over as head coach and renamed the team the Washington Angels 96, its current name. During his first year as head coach, the team placed first in five tournaments in the states of Washington and Idaho, took second at Washington State in the ASA 10-and-under division, and third in Class A at Western Nationals in the ASA 10-and-under division. The team's overall record for the first year was 38-19 (.667). In 2008 the Washington Angels entered into the 12U division and were very successful as a first-year 12U A team, taking fourth at Washington State ASA. The team's overall record is an impressive 105 wins, 53 losses, and 2 ties. They have won 12 tournaments and placed in the top 3 in all but 3 of the 25-plus tournaments they have entered. Robert currently serves as the training coordinator for the Tri-Cities Girls Fastpitch Softball Association (TCGFS). Tammy Benson has been coaching since 2004. She currently serves as the conditioning and base coach for the Washington Angels 96. Tammy has played sports all her life, including competitive basketball in high school. She now participates in coed slowpitch softball and golf, and she recently participated in a marathon relay. The Bensons reside in West Richland, Washington, and enjoy giving hitting and pitching lessons, reading, camping, and practicing archery in their spare time.

Coached other sports for 5+ years. First year coaching softball and at the 8U level. This book was great in providing drills that progressed skills. Also, keeping pitching to the basic fundamentals has been great for the players. They have been pretty successful in getting the ball over the plate with good consistency. Highly recommend this guide.

I am a first time coach for a u10 softball team and this book is teaching me so much! It's one thing to play the game, another thing to coach it. I'm finding such useful, step by step information that it's reassuring me that I can do this and make a fun and enjoyable learning experience for the girls. Everything you need to know is right here. I highly recommend this book!

I really found some good use from this book as a coach for young 6 and 7 year olds. Nothing earth shattering but it was simplistic enough and easily applied to my practices. The book contained many

useful drills and really helped me out with putting together practice plans and ideas. I highly recommend this book for the new coach who is starting out with young players. Great practice tool. A+.

I should have saved my money and just Googled info. Nicely written, but not that informative.

Good book, very in depth. Some of the drills are a little complicated, that's the reason for the 4 stars.

Great coaching aid has given me many ideas mid season to get my 10 u team to have fun without even knowing it

good book on how to coach 10 year olds. Very informative and easy to follow.

My daughter just started playing softball and my husband decided to be her coach. He really enjoyed the book and felt it helped him focus on age-appropriate drills and was a good guide on how to keep them engaged. He had not coached youth-aged children in a while and this was a great refresher.

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